

(Your school for Home Learning and Online Learning (K-12 and Adults)



Learn Anytime, Anyplace, Anywhere!

Handbook of Course Descriptions (Grades 8-12)

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Summit Learning Centre (SD75)

Welcome to Summit Learning School!

We have a strong team of educators who look forward to participating with students in another year of your education. Summit Learning Center is a flexible online learning school and is based on strong partnerships between students, staff, and parents. We are proud of our outstanding course offerings and our offerings of extra-curricular and co-curricular programs. We encourage students to be involved in their education: ask questions, challenge themselves and those around you to accept only the best in all aspects of your education. Take advantage of the many opportunities offered at Summit Learning School. Parents are encouraged to continue to support their children through their secondary education. We know that working together will lead to the best student success.

Have a great year. If you need assistance, please contact me at the school office.

Jim Pearce Principal



Acknowledgement

We acknowledge that, as a learning partner of Mission Public School District, we humbly work and learn on the Traditional, Ancestral, Unceded, and Shared lands of the Sto:lo people, of Quo:Itl'el, Leq'a:mel, Mathequi, Sq'ewlets, who have been inhabitants of this land since time immemorial.

Summit Learning Centre (SD75)

Grades 8-9

The Grade 8 and 9 programs at Summit Centre for Learning are flexible to each student's individual needs. Parents can choose from either a semi-blended option, or full distance.

SEMI-BLENDED:

At Summit, the teacher will host weekly Zoom sessions in the core curricular classes; specifically, Math and English. Families can choose to enroll their child in the one-hour classes if they would like direct teacher support with numeracy and literacy. Of note, if you enroll your child in the classes, they will progress through them at the rate dictated by the teacher. So, they will be working synchronously with other students and the teacher towards completion of Math and English by June.

FULL DISTANCE LEARNING:

At Summit, families are also able to choose a full DL (Distance Learning) environment. If your preference is to work asynchronously, which means independently and at your own pace, then you can do so. With this option, it is recommended at least one parent is home with the student to assist with their work; however, this is not required. The Summit Teacher will also support you by telephone or 1 on 1 Zoom meetings, as needed. Also, if you are struggling with this environment, you can enroll in the weekly English and Math sessions with the teacher.

LST SUPPORT:

At Summit, we pride ourselves on our ability to individualize learning for Special Education Students. If your child has an IEP, Summit's LST teacher will be here to support them. The Grade 8/9 teacher is also an LSAT teacher so is experienced in individualizing learning for students who require a 21st-century approach.

CLASSES:

The below classes are required for the completion of grades 8 and grade 9. Most of our classes are created by the Western Canadian Learning Network, or WCLN. You are encouraged to visit WCLN.ca for more information. The classes are written by a team of certified teachers, are widely used in British Columbia's distance learning environment, and are ministry approved.

Grade 8	Grade 9
Linear (Sep- June)	Linear (Sep-Jun)
 English Language Arts 8 Social Studies 8 Math 8 Science 8 Physical and Health Education 8 Career Life Education 8 Visual Arts 8 Foods 8 French 8 	 English Language Arts 9 Social Studies 9 Math 9 Science 9 Physical and Health Education 9 Career Life Education 9 Visual Arts 9 Foods 9

HIGH SCHOOL PROGRAMS – GRADES 10-12

At Summit we offer a flexible, self-paced approach to learning for our students in Grades 10-12 through our online program. We provide an extensive offering of courses that lead to Graduation and a Dogwood Diploma. All our courses meet BC curriculum standards and are led by our experienced and qualified-certified teachers.

Full-Time Programs

Students can enroll full-time at Summit and complete their entire high school program, culminating in graduation from Summit. A teacher or a counselor will meet with you to develop a student learning plan and implement a graduation plan to ensure a successful high school completion. This self-paced and flexible model meets the learning needs of many students.

Cross Enrollment or Part-Time Programs

Cross-enrollment part-time enrollment at Summit has proven to be a successful option for students who have a timetable conflict, need to upgrade a course, or need an additional course for other reasons. The self-paced and flexible delivery model of our courses allows for successful course completion.

Adult programs

Non-graduated Adult Learners Looking to Graduate

Summit Learning Centre offers tuition-free courses to Adult Learners who wish to graduate. At Summit we will develop a program to meet your needs in our flexible, self-paced online learning environment. Whether you need one or two courses to graduate or a complete program to fulfill graduation requirements, we will personalize a program for you.

Graduated Adult Learners Looking to Upgrade

Summit Learning Centre offers a variety of tuition-free courses to Adult Learners (over the age of 19) who are looking to upgrade courses or fulfill a course requirement for a variety of other purposes. Please note that some courses are not tuition free. Please contact us for more information or visit it BC Ministry website for more details.

Some tips...before you choose your courses

Students may choose any electives at higher grade levels if there are no prerequisites to that Elective.

Students are encouraged to select the courses they need for the career pathway they are

considering after high school. Visit the colleges/universities' websites to carefully review the admission criteria and course prerequisites. Consult your career teacher as well.

Second language courses are not required to graduate but may affect eligibility for some

post-secondary programs after graduation.



GRAD Pathway 1-School Age Students (DOGWOOD DIPLOMA)

To receive a British Columbia Certificate of Graduation (Dogwood), students must earn at least 80 credits and complete the Provincial Graduation Assessments in numeracy and literacy.

GRADUATION PROGRAM

80 credits over Grade 10, 11, and 12. 16 of these credits (4 courses) MUST be Grade 12 level.

52 required credits:

- 1. Career-Life Education (4 credits)
- 2. An English Language Arts 10 (4 credits)
- 3. A Mathematics 10 (4 credits)
- 4. Physical and Health Education 10 (4 credits)
- 5. Science 10 (4 credits),
- 6. Socials Studies 10 (4 credits)
- 7. An Arts Education 10, 11, or 12 and/ or an ADST10, 11, or 12 (4 credits total)

- 8. Career-Life Connections (4 credits)
- An English Language Arts 11 (4 credits)
- 10. A Science 11 or 12 (4 credits)
- 11. A Social Studies 11 or 12 (4 credits)
- 12. A Math 11 or 12 (4 credits)
- 13. An English Language Arts 12(4 credits)

28 elective credits:

✓ At least 28 credits (7 courses) must be from electives.

NEW: Starting the 2023/24 school year, the students must have 4 credits from an Indigenous Focused Content course. The 80 credits requirement stays the same.

GRAD Pathway 2 - Adult Students (ADULT GRADUATION DIPLOMA)

At Summit, we encourage students of all ages to finish their graduation! To complete this program. Students (18 or older) must complete five courses in the post-secondary system. Courses can be counted from the BC School system and /or the College Adult Basic Education Program.



Summit Courses (Each course is worth 4 credits)		
GRADE 10		
English Language Arts 10 – Choose 2 Composition & New Media Composition & Creative Writing Mathematics – One of:	Science 10 Social Studies 10 Physical Health Education 10 Career Life Education 10 Electives:	
 Foundations of Math & Pre- Calculus 10 Workplace Math 10 	 Culinary Arts 10 (ADST) Visual Arts – Art Studio 10 (ADST) Computer Science 10 	
GRADE 11		
English Language Arts 11 – One of: Composition 11 Creative Writing 11 Literary Studies 11 New Media 11 Spoken Language 11	Sciences – Any of: Life Sciences 11 Chemistry 11 Earth Sciences 11 Physics 11 Science for Citizens 11	
Mathematics – One of: Pre-Calculus Mathematics 11 Foundations of Math 11 Workplace Math 11 Explorations of Social Studies 11	Electives – Any of: Psychology 11 Active Living 11 Art Studio 11 Food Studies 11 Accounting 11 Interpersonal & Family Relationships 11	
GRADE 12		
English Studies 12 Mathematics – One of: Apprenticeship Math 12 Foundations of Mathematics 12 Pre-Calculus 12	 Comparative World Religions 12 Law Studies 12 Philosophy 12 Physical Geography 12 Social Justice 12 Contemporary Indigenous Studies 12 	
Science – Any of: Anatomy and Physiology 12 Chemistry 12 Physics 12 Career Life Connections 12 Socials – Any of: 20 th Century World History 12 BC First Peoples 12	Electives – Any of: Active Living 12 Art Studio 12 Child Development & Caregiving 12 Digital Photography 12 Entrepreneurship 12 Fashion Industry 12 Food Studies 12	



Which Math course is the best?

While there is no "rule" about which Math course is right for each student, the decision can be made easier by thinking about the student's ability and interest in Math, and future education and career plans. Follow your math teacher's recommendations for math level when considering math course choices.

- If a student has struggled in Math 8 or 9, enjoys working on projects or hands-on activities, or intends to pursue a trade or technical job after high school, then the Workplace pathway is the best choice.
- If a student enjoys working on projects or hands-on activities or is planning further studying in the Social Sciences like Economics or Arts or Humanities at postsecondary, then the Foundations pathway will be the best choice.
- If a student has been very successful in Math 9, enjoys the challenges of Math, and is thinking about future education or a career that involves Sciences or Engineering at a university, then starting the Pre-Calculus pathway will be the best choice.
- Remember that the students who choose grade 10 Workplace Math CANNOT move to the Foundations stream easily.

COURSE DESCRIPTIONS MATHEMATICS

FOUNDATIONS OF MATH AND PRE-CALCULUS 10

This course is presented in a series of video lessons. Topics covered are powers and exponent laws, prime factorization, multiplying and dividing polynomial expressions, trigonometry, linear relations and functions, graphing, function notation, arithmetic sequences, systems of equations, and financial literacy. *Prerequisite: Math 9*

WORKPLACE MATH 10

This course prepares students for math in the workplace and focuses on real-world applications of mathematics. The course focuses on the main ideas of proportional reasoning; measurement of 3-dimensional objects; number sense and flexibility with numbers; and representing and analyzing data to make sense of it. *Prerequisite: Math 9*

FOUNDATIONS OF MATH 11

Many universities and colleges in BC accept Foundations of Mathematics 11 for general admissions. Topics include mathematical reasoning, angle relationships, graphical analysis, applications of statistics, scale models, and financial literacy. *Prerequisite: Math 10 FPC*

WORKPLACE MATH 11

This course focuses on math topics that are useful in our daily tasks. Topics include simple graphing, personal finance, banking, and measurement of 3-D objects. Check postsecondary math requirements to see if the Workplace math is best for you. *Prerequisite: Any Math 10*

PRE-CALCULUS 11

Pre-Calculus 11 offers students an opportunity to learn advanced concepts in mathematics while developing generalize their ability to relationships through abstract thinkina. Students will explore radicals. polynomials, and trigonometric problems, and work with formulas for financial literacy. Prerequisite: Math 10 FPC

FOUNDATIONS MATH 12

This course covers Transformations and Combinatorics, Probability, Regression Analysis, and Financial Planning. This course is suited for students looking for post-secondary studies in arts and other faculties. *Prerequisite: Foundations of Math 11*

PRE-CALCULUS 12

This course builds upon the skills and concepts learned in the Pre-Calculus 11 course. The concepts explored in this course are Relations and Functions, Trigonometry, Permutations, Combinations, and Binomial Theorem. This course is suited for students looking for postsecondary studies in math, science, and engineering. *Prerequisite: Pre-Calculus 11*



SCIENCES

SCIENCE 10

Science 10 introduces main topics from Biology, Chemistry, Physics, and Earth Science. This course is a base for further studies in future grades and provides students with the knowledge to find areas of their interest. *Prerequisite: Science 9*

LIFE SCIENCES 11 (Biology 11)

Life Sciences 11 introduces students to living things and the taxonomic system. Students will learn about how scientists classify living things and the features of organisms. *Prerequisite: Science 10*

ANATOMY AND PHYSIOLOGY 12

This course is an exploration of cell structure, function, and the human body systems. It focuses on big ideas related to homeostasis, DNA and cells, and the organization of organ systems. *Prerequisite: Chemistry 11 Please consult the teacher if you do not have credit for Chemistry 11.*

CHEMISTRY 11

Chemistry 11 explores the study of matter – atoms, and molecules, and how they interact and react. The topics are atoms, molecules/moles, chemical reactions and energy, solution chemistry, and organic chemistry. Students work on tests, mid-term exams, and final exams. *Prerequisite: Science 10 & FPC Math 10*

PHYSICS 12

This course continues to develop the concepts and ideas taught in Physics 11. It builds on abilities to solve problems through manipulating equations. The main theme in this course is working in multiple dimensions by using vector physics. Students who have an interest in physics, engineering, aeronautics, astronomy, video game design, etc. will find this course to be important in their future career goals. *Prerequisite: Physics 11*

CHEMISTRY 12

Chemistry 12 explores chemical reactions: why and how they happen, and chemical systems in equilibrium. This course includes topics such as reaction kinetics, equilibrium, solubility, acids, bases, and electrochemistry. Each topic has video lessons, supplemental material, and suggested workbook readings.

Prerequisites: Chemistry 11 & FOM/ PC Math 11

EARTH SCIENCE 11

This course is an introduction to the diverse aspects of earth and space science. Areas of study include geology, astronomy, ecology, oceanography, and atmospheric science and how they interact to produce the planet we live on. *Prerequisite: Science 10*

PHYSICS 11

Physics 11 explores the world of motion and energy. This course provides students with a basic understanding of how physical forces shape the world around us and will help the student understand the concepts presented in their other science courses. The course uses mathematical skills such as graphing, problem solving, trigonometry, and manipulating equations. *Prerequisite: Science 10*

SCIENCE FOR CITIZENS 11

This course prepares students for science in the workplace and focuses on real-world, practical applications of science. The course delivers instruction through videos and lessons. There are learning guides, quizzes, tests, and projects in which students will apply their understanding and develop competencies. *Prerequisite: Science 10*

ENGLISH LANGUAGE ARTS

ENGLISH 10: COMPOSITION AND NEW MEDIA

These two separate courses are worth two credits each. Students will gain personal experience with various forms of digital media including text, audio, video, web, and graphics. Students will develop skills and knowledge in effective written, oral, and visual communication. They will explore the writing process in the context of heroes, memories, and storytelling. *Prerequisite: English 9*

ENGLISH 10: COMPOSITION AND CREATIVE WRITING

These two separate courses are worth two credits each. Students will work through courses exploring the core competencies: thinking, communication, personal and cultural identity, and personal and social responsibility. Specifically, students will look at how to craft a story, using literary techniques and devices effectively, culminating with an independent novel study and a final exam. *Prerequisite: English 9*

ENGLISH 10: CREATIVE WRITING and NEW MEDIA

These two separate courses are worth two credits each. In Creative Writing, students will explore thoughts and ideas in creative and innovative ways. New Media 10 provides opportunities for students to get a better understanding of how new media affects our society. As students read and study a variety of texts, including novels and poetry, they will respond in persuasive writing. Most of the assignments involve creative expression and communication through digital media. *Prerequisite: English 9*

ENGLISH LA: COMPOSITION 11

Composition is "the act of creating written works". The course will focus on the written word but in creative and interesting ways. The main goal of the course is to write authentically for a range of purposes and real-world audiences. *Prerequisite: An English 10*

ENGLISH LA: CREATIVE WRITING 11

Creative Writing 11 is designed for students who are interested in refining their writing skills through selfexpression. This course is the exploration and application of writing processes, asking students to express themselves creatively as they reflect on and extend their writing skills. *Prerequisite: An English 10*

ENGLISH LA: LITERARY STUDIES 11

English 11 Literary Studies focuses on literature and stories. *Prerequisite: An English 10*



ENGLISH LA: NEW MEDIA 11

New Media 11 course reflects the changing role of technology today and the increasing importance of digital media in communicating and exchanging ideas. Coursework is aimed at providing students with a set of skills vital for success in an increasingly complex digital world. *Prerequisite: An English 10*

ENGLISH STUDIES 12

Mandatory course! English 12 provides students with opportunities for personal and intellectual growth through speaking, listening, reading, thinking, viewing, writing, and representing. These skills are developed through a wide range of literature and media, both classical and contemporary. Critical reading, thinking, analyzing, and interpreting multiple forms are key components of this course. Prerequisite: *An English 11*

SOCIAL STUDIES

SOCIAL STUDIES 10

Social Studies 10 course is about an exploration of Canada and the World, from 1919 to the present, Students will be provided with the opportunity to examine historical and contemporary social, cultural, political, legal, economic, and environmental issues. Central themes include discriminatory policies and injustices in Canada and the world, as well as international conflicts such as WWI, WWII, and the Cold War. *Prerequisite: Social Studies 9*

SOCIAL STUDIES 11-Explorations

In Social Studies 11, students will build a strong foundation across many skill sets and improve their critical thinking abilities. Students will explore various topics such as BC First Peoples, Physical Geography, Law Studies, and World History. *Prerequisite: Social Studies 10*

20TH CENTURY WORLD HISTORY 12

20th Century World History 12 introduces students to the history of the twentieth century, beginning with the treaties that ended world war 1 and ending with the collapse of the Soviet Union in 1991. While studying these events, students will also be learning some of the skills necessary to interpret historical events – how to ensure historical information is accurate and relevant, how to develop historical empathy, and how to present clear, logical arguments. *Prerequisite: Social Studies 10*

COMPARATIVE WORLD RELIGIONS 12

Religions shape the political, social, and cultural aspects of societies. Students will explore the relationship between Mythology and Religion, Religious Practices, the Relationship between Art and Religion, and the Future of Religion. Students will also consider some of the similarities and differences among the major religions and examine the connections and influences they have. *Prerequisite: SS10*

BC FIRST PEOPLES 12

In this course, students will learn about traditional indigenous worldviews. They will explore what constitutes culture, and how differences between cultures can lead to ethnocentrism, prejudice, stereotyping, and racism. Students will learn how Indigenous people have been impacted by colonialism and identify the tools of assimilation that were used to reinforce colonial values before the establishment of the Dominion of Canada. *Prerequisite: SS10*

LAW STUDIES 12

Law 12 focuses on the Canadian legal system. This includes the process of legal decision-making and the principles of rights and freedoms, criminal law, tort law, family law, and contract law that guide the legal system. A common legal process that relates to housing, health care, work, consumer protection, credit, inheritance, motor vehicle issues, and obtaining legal assistance is covered. *Prerequisite: Social Studies 10*

PHILOSOPHY 12

Philosophy 12 course prepares students for academic post-secondary studies. The course has no textbook, but students will be using engaging videos to introduce topics, with readings alongside for further study. Topics include Methods of Research, Nature of Reality, Knowledge and Truth, Society, and Morality & Ethics.

Prerequisite: Social Studies 10

PHYSICAL GEOGRAPHY 12

Physical Geography 12 course examines the world around us from both a regional and global perspective. Along with physical geography topics such as plate tectonics, gradational processes, weather, and climate, biospheres, and energy, this course also focuses on many of the problems associated with managing our environment, including various types of pollution and their role in global warming and global dimming. *Prerequisite: Socials 10*

SOCIAL JUSTICE 12

Be the Change you wish to see in the world! The course is an excellent opportunity for students to become agents of change regarding relevant social justice issues that affect their lives and communities. **Big ideas:** 1. Social justice issues are interconnected 2. Individual worldviews shape and inform our understanding of social justice issues 3. The causes of social injustice are complex and have lasting impacts on society 4. Social justice initiatives can transform individuals and systems. *Prerequisite: Social Studies 10*

CONTEMPORARY INDIGENOUS STUDIES 12

This course will explore some of the dominating and controversial themes in the last two centuries as they pertain to indigenous people. Students will learn about the "resilience and survival of indigenous peoples in the face of colonialism" across the globe. Students will consider how diverse Indigenous communities persevere despite current global environmental and economic trends and will investigate topics such as identity, social justice, human rights, spirituality, resilience, and advocacy for change. *Prerequisite: Social Studies 10*



APPLIED DESIGN SKILLS / ELECTIVES

ACCOUNTING 11

Accounting 11 examines the ethics, purpose, principles, accounting cycle, procedures, analysis, and best practices of financial accounting. Students can expect walk-through lessons and practice exercises. Students gain insight into financial problems and solutions that have far-reaching benefits for entrepreneurial and professional careers. *Prerequisites:* Math 10.

CHILD DEVELOPMENT & CAREGIVING 12

This course covers topics surrounding pregnancy and childbirth. It also provides details on child development and how to care for babies and children in each stage of development. This course is for those considering careers involving children. including healthcare, teaching, childcare, and recreation, or for those who simply enjoy being around children or who plan to eventually become a parent in the future. Prerequisite: None

ENTREPRENEURSHIP 12

Entrepreneurship 12 course is for students interested in developing the skills essential for starting a small business. This course focuses on ways in which entrepreneurs recognize opportunities, generate ideas, and organize resources to plan successful ventures that enable them to achieve their goals. Students will create a venture plan for a school-based or student-run business. *Prerequisite: None*

CULINARY ARTS 10

In this course, students will learn all about food including food culture, food history, food safety, and current food trends. Through food labs and in-depth study of the culinary arts field, this course will help you hone your cooking skills and allow you to explore careers in this exciting industry. *Prerequisite: None*

COMPUTER SCIENCE 10

Computer Science 10 helps build an understanding of computer literacy. You will explore hardware, software, Networks & Storage, Graphics, and Security. The course uses online programs such as Google Drive, Dropbox, Pixlr, and others throughout the course. You won't need to buy any special software or hardware. *Prerequisite: None*

FOOD STUDIES 11

This course provides several online resources to help students experiment with cooking at home while developing knowledge, skills, and attitudes for present and future applications. The course also presents a variety of current issues related to food. Students have the flexibility to show their learning in a variety of ways. *Prerequisite: None*

FOOD STUDIES 12

Whether you are considering a career in the culinary arts or just want to be able to cook yourself a delicious meal, this course will help you develop these skills! Students will have opportunities to challenge themselves with different techniques and recipe modifications. Students will increase their knowledge of food safety and nutrition, while exploring a variety of recipes and skills, such as baking or cooking a gourmet breakfast. *Prerequisite: None*

INTERPERSONAL AND FAMILY RELATIONSHIPS 11

This course aims to provide students with the knowledge, skills, and attitudes that will assist them in making informed decisions related to parenting, adolescence, adulthood, family and interpersonal relationships, and housing and living environments. The overall goal of this course is to provide students with a broad overview of how a variety of relationships form and change. *Prerequisite: None*

FASHION INDUSTRY 12

Fashion Industry 12 is a dynamic course that will have students learning about what fashion is, the business of fashion, and fashion design. This is both a theory and a projects-based course that will enable students to build a solid foundation in understanding the core concepts of what it takes to work towards a career in the fashion industry. There are three theory units in the course as well as a choice of completing three projects or completing a post-secondary fashion industry/design admissions portfolio. *Prerequisite: None*

PSYCHOLOGY 11

Psychology involves the study of human thinking and behavior. This course is an important part of many career areas such as medicine, law, business, social work, teaching, and forensics, to name a few. Any job that involves interacting with people can be better performed with a good understanding of basic human behavior. Topics include an introduction to the study of Psychology, Research and Ethics, Infancy and Childhood, Adolescence, Adulthood and Aging, Brain, Body and Behavior, Sensation and Perception, and the States of Consciousness. *Prerequisite: None*

CAREER EDUCATION

CAREER LIFE EDUCATION 10

Career Life Education 10 is a required course for graduation. It allows students to develop the skills of long-term planning and personal responsibility for their learning. Students follow a curriculum that includes elements of planning, health and personal development, and career development. *Prerequisite: None*

CAREER LIFE CONNECTIONS 12

It is an online, self-paced course. Through reflection on their interests and strengths, this course allows students to identify and strengthen connections to their community. Three main parts of the course are Online Moodle/MyBlueprint Assignments, Capstone Project, and 30 hours of paid or unpaid work experience.

Prerequisite: CLE10

WORK EXPERIENCE 12

Students will work either with a current employer or a volunteer organization. The primary goal of work experience is to help students prepare for the transition from secondary school to the world of work. Through work experience, students can observe, and practice generic employability skills required in the workplace, as well as technical and applied skills relating to specific occupations or industries.

Available to Grades 11/12- 4 credits - About 100 hours (90 work-based & 10 lead-up activities). Students must have all required documents completed and signed by all parties before hours can be counted.

ART EDUCATION

PHOTOGRAPHY 12

Photography is popular as both a hobby and profession. In this course, students explore photography to have a better appreciation of both the technology and creativity involved in taking excellent photographs. Students have the flexibility of using a variety of camera types. *Prerequisite: None*

VISUAL ARTS: ART STUDIO 10

This course is designed to build self-confidence and basic skills in a variety of mediums. Students will develop and create personally meaningful projects in drawing, painting, or sculpture. Topics covered are Design, Drawing, Modeling, Painting, and Sculpture.

Prerequisite: None

VISUAL ARTS: ART STUDIO 11

Art 11 provides a foundation program for beginning art students, and it allows advanced students to continue developing their interests and expertise in drawing, painting, and sculpture. The students will be expected to maintain a sketchbook/Visual Journal of their visual thinking and exploration. *Prerequisite: None*

VISUAL ARTS: ART STUDIO 12

Art 12 provides opportunities for students who wish to improve basic skills and develop their style in creating unique and personal images. expected Students are to maintain а sketchbook/Visual Journal of their visual thinking and exploration. Students focus on the elements and principles of design with a two-dimensional application such as drawing, painting. printmaking, graphic design, multi-media, and media arts. Prerequisite: None

PHYSICAL EDUCATION

PHYSICAL & HEALTH EDUCATION 10

This course continues to develop skills and build on the understanding of healthy lifestyle and physical fitness concepts introduced in Grade 8 and 9. Additionally, students must log 80 hours of moderate to vigorous physical activity. Activity Logs are submitted weekly. *Prerequisite: PE 9*

ACTIVE LIVING 11

In this course, students will participate in a variety of activities that they enjoy. Throughout the course, students are expected to participate in physical activity, log their activities, and complete a series of learning tasks. Students must log 100 hours of moderate to vigorous physical activity and log 10 volunteer hours within a recreational setting. *Prerequisite: PE 10*



ACTIVE LIVING 12

Students explore physical activities of their choice in this course. Throughout the course, students are expected to participate in physical activity, log their activities, and complete a series of learning tasks. Students must log 100 hours of moderate to vigorous physical activity and log 10 volunteer hours within a recreational setting. *Prerequisite: PE 10*

Distributed Learning- Success Checklist

- □ Create a dedicated workspace "just" for school
- □ Minimize distractions
- □ Stay in contact with teachers
- □ ASK for help
- \Box Get outside every day
- □ Limit Employment Hours if you have a job
- Create a daily schedule (Recommended 5-6 hours daily for fulltime students)



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