



**MISSION
ONLINE**

November 2024

Parent-Teacher Interviews

Dates to Note

- Friday, Nov. 8—Non-instructional Half Day, school closed at 11:30 am
- Mon., Nov. 11—Remembrance Day, school closed
- Monday, Nov. 18—Learning Updates will be published to the Family Portal
- Thurs., Nov. 21—Parent/Teacher conferences 3:30 to 7:30 pm
- Dec. 23 to Jan. 3—Winter Break—school closed, teachers not available

Thursday, November 21 from 3:30 pm to 7:00 pm

Teachers will be available by appointment to discuss your student's progress. Simply email the teacher(s) you wish to see to book a meeting:

Ms. Gertz—Grade 10—12 English and Social Studies—

Jennifer.gertz@mpsd.ca

Mrs. Ghag—Grade 10 – 12 Careers, Chemistry and Electives—

Parminder.ghag@mpsd.ca

Mr. Howe—Grade 7—9 & PE10 —Michael.howe@mpsd.ca

Mrs. Mahil—Grade 10 —12 Math and Science—

Amy.mahil@mpsd.ca

Mrs. Sandhu—LST—Mandeep.sandhu@mpsd.ca

Self care equals greater learning!

Eight Simple Self-Care Tips for Students

1. Balance.
2. Meditate.
3. Seek support when needed.
4. Find an activity that relaxes you.
5. Reach out to friends.
6. Give your body the food it needs.
7. Get enough sleep.
8. Be kind.

Mental health and other resources for students can be found on the [MPSD site](https://www.mpsd.ca).

Grad Class of 2025—are you on track to graduate?

Nov. 12th to 22nd—Grad photos by appointment at MSS. Check your email for details. **“Think about it”** - Do I satisfy the Ministry of Education requirements for graduation? Check your grad plan from Mission Online, contact the office for a copy if needed. To attend Prom and Commencement, you must complete graduation requirements by June 15, 2025.

Tutorial Prize Draws Continue

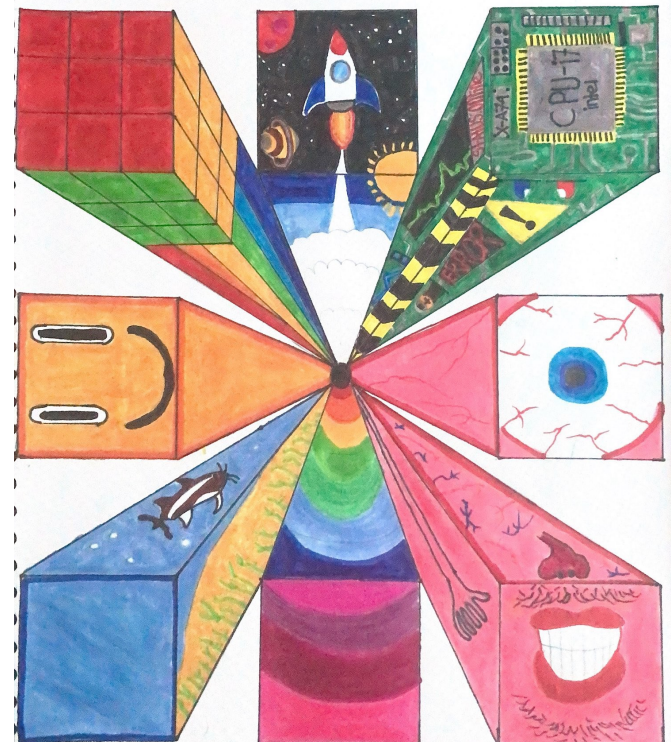
Here is our updated tutorial schedule: Students are encouraged to attend when they need help from specific teachers, and enter our gift card prize draw for attendance!



Grades 10 to 12	Portable 6	Teacher
Mondays	3:00 pm to 4:30	Mrs. Mahil
Wednesdays	1:00 pm to 2:30	Ms. Gertz & Mrs. Ghag
Thursdays	3:00 pm to 4:00	Ms. Gertz
Fridays	3:00 pm to 4:30	Mrs. Ghag

Grades 7 to 9	Portable 6	Teacher
Mondays drop-in	10:00 am to 12:00 pm	Mr. Howe
Fridays drop-in	10:00 am to 12:00 pm	Mr. Howe
Specific students	Monday/Friday afternoons	Arrange with Mr. Howe

9 Cubes in 1-Point Perspective Angus R. Art 12





Here we are after our Oct. 31 Tutorial Prize Draw and "Guess the Weight of the Pumpkin" contest. Tutorial winners are Braeden B and Cheres H. Alea S gave the closest guess to the actual pumpkin weight of 20 kg (44 pounds). Alea guessed 45 pounds—amazing! Teachers will be in touch with students to collect their \$25 gift card prizes.



Welcome – Éy Swáye! We now have a new liaison for our Indigenous students. Students will soon be meeting Shirelle Capstick at our Monday tutorials, as well as other occasions. Her email is shirelle.capstick@mpsd.ca.



"We shall remember them"

11/11 - Remembrance



You are invited to attend the

MISSION YOUTH TRANSITION INFORMATION FAIR

Date: November 21, 2024 **Time:** 4:00-7:00 pm

Location: École Mission Senior Secondary (Cafeteria)
32939 – 7th Avenue, Mission, BC

Who? Families of middle or secondary school students who have developmental disabilities or diverse needs, or other family members who want to learn about the transition process from youth to adult programs and services.

What? Information about

- Post-secondary education and work-to-learn programs
- Financial security
- Employment
- Safety in the home and community
- Health, wellness, healthy relationships

WE HOPE TO SEE YOU THERE!

Sponsors:

